



Lenten Adult Spiritual Formation

Into the Wilderness: ***Understanding the True Nature of Sin***

led by
The Rev. Ken Swanson

Would you like to participate in the perfect Lenten discipline? Well then, come to the Saturday morning class at St. Martin's based on Ken Swanson's new book *Into the Wilderness, Understanding the True Nature of Sin*. Catherine Meeks says,

“Conversations about sin are not popular, in part because such conversations require a deep level of courageous self-reflection. But Kenneth Swanson's *Into the Wilderness* is an inviting treatment of sin because this discussion is grounded in the notion that there is a possibility for healing and new life to be found when sin is honestly named and courageously explored in the light and love of God.”

Reviews of the book by readers on the Amazon website have been equally enthusiastic,

“This is the most compelling book I've ever read regarding how sin impacts the human condition. I could not put this book down...I read it in one continuous sitting...it's that good. Beautifully written and inspiring. Ken Swanson provokes the reader to consider the importance of sin from a fresh perspective, while providing much needed hope that we do not have to be slaves to our sinful nature. Since reading, I have bought several more copies of this book and have shared with others. This is one book I'll read not once, but over and over again throughout the years.”

The class, following the structure of the book, will have six sessions on the Saturdays of Lent, meeting from 10:30 to 11:30am in the Lounge. Swanson has added to the classic Seven Deadly Sins with three others: fear, dishonesty and despair. The sessions will focus on:

- February 17: Understanding the true nature of sin.
- February 24: Examining the sins of Pride and Greed.
- March 2: Examining the sins of Gluttony, Lust and Envy.
- March 9: Examining the sins of Anger and Sloth.
- March 17: Examining the sins of Fear, Dishonesty and Despair.
- March 23: The Circle of Forgiveness.

The book is on the Amazon and Barnes & Noble websites, and will be available for purchase at the class itself. Come and join us.